

Yog-Naturopathy-Panchkarma Treatment & Research Centre
Accommodation and Naturopathy Treatment Charges

**Charges inclusive of per day's Accommodation, Food, Various Therapies
(Naturopathy, Yog and Shatkarma according to disease).**

Accommodation	Facilities	Charges (1 OR 2 PERSONS)
RAJRISHI	Jhoola-1, Single Beds-2, Drawing Room, Sofaset-1, LCD With Cable Service, AC-2, Almirah-1, Roof fan, Dining Table With 4 Small Stools-1	5000/-
MUNIRAJ	Single Beds-2, Drawing Room, Sofaset-1, LCD With Cable Service, AC-2, Store, Almirah-1, Roof fan, Dining Table With 4 Small Stools-1	4500/-
MAHARISHI	Single Beds-2, Sofaset-1, TV With Cable Service, AC- 1, Almirah-1, Chair-1, Roof Fan	3000/-
TAPASVI	Single Beds-2, Almirah-1, Cooler-1, Roof Fan	2500/-

**Additional Therapy Charges
(If Doctor prescribed)**

1	Colon Hydrotherapy	500/-
2	Ozon Bath	150/-
3	RH Massage	350/-

Holistic (Alternate) Treatment Charges

1	For Indoor (admitted) Health Seekers	500/-
2	For Outdoor (OPD) Health Seekers	700/-

Panchkarma Treatment Charges

A. PURVAKARMA

(i) Snehan	1	Abhyang	400/-
	2	Shirobhyang	100/-
	3	Shiropichchu	250/-
	4	Shirobasti	400/-

	5	Shirodhara by oil	3500/-
	6	Shirodhara by Kwath	350/-
	7	Shirodhara by butter milk	350/-
	8	Katibasti	200/-
	9	Janubasti	200/-
	10	Grivabasti	200/-
	11	Prishthabasti	250/-
	12	Akshi-tarpan	200/-
	13	Snehadhara Pinzichil	600/-
	14	Padaghat	500/-
	15	Unmardan	300/-
	16	Karna-puran	150/-
	17	Gandoosh/Kaval	100/-
	18	Samvahan	300/-
	19	Whole Body Lepa	350/-
	20	Lepa-locally	150/-
	21	Udvartan	300/-
	22	Udgharshan	300/-

(ii) Svedan	1	Baluka Saindhav Svedan	150/-
	2	Nadi Svedan	100/-
	3	Sarvang Vashp Svedan	100/-
	4	Avgaha Svedan by Kwath	1000/-
	5	Avgaha Svedan by oil	4000/-
	6	Shashtik Shali Pinda Svedan	600/-
	7	Patra Pinda Svedan	300/-

B. PRADHAN KARMA

	1	Vaman Karma	1000/-
	2	Virechan Karma	400/-
	3	Matra Basti	150/-
	4	Asthapan Basti	500/-
	5	Uttar Basti	150/-
	6	Vaitaran Basti	500/-
	7	Lekhan Basti	500/-
	8	Pichchha Basti	200/-
	9	Nasya	300/-
	10	Raktamokshan	200/-